

## COACH'S PLEDGE

As a coach, I agree to abide by the training rules regarding the use of drugs and to support and enforce all training rules. Given the serious dangers of drug use: I pledge to assist my team members in playing and staying drug and alcohol free.

To demonstrate my support, I pledge to:

1. Discuss thoroughly with my team the impact of drug use on athletes.
2. Ensure that my athletes understand their commitment to training rules and the consequences of violating any of those rules.
3. Encourage my players and their parents to sign the Student's Pledge and submit their pledges to the athletic director, who will have received a copy of my pledge.
4. Enforce rules consistently when I learn that training rules have been or are likely to be broken.
5. Avoid enabling athletes' drug use or other unhealthy habits by ignoring or refusing to deal with a player who has broken the rules.
6. Provide information and referrals to any student experiencing difficulty with or having concerns about the use of drugs.
7. Provide assistance to students who are re-entering school or rejoining my team after receiving treatment for drug or alcohol use.

Coach: STRONG, HOLT, PIERCE, HAASE, MOGAN, NEAL,  
LAMBERSON

**SHEPTON HIGH SCHOOL  
2006 – 2007  
STUDENT'S PLEDGE**

As an athlete, I agree to abide by all rules regarding the use of drugs or alcohol. I understand that drug addiction is a disease and, even though it may be treatable, it has serious physical and emotional effects – effects that would hurt my family, my team, my school, and me. Given the serious dangers of drug and alcohol use, I accept and pledge to follow all rules and laws established by my school, team, and community regarding the use of drugs. These include the rules listed in my school's student and athletic handbooks and any other rules established by my coach.

To demonstrate my support, I pledge to:

1. Support my fellow students by setting an example and abstaining from the use of illegal drugs or alcohol.
2. Avoid enabling any of my fellow students or teammates who use these substances. I will not cover up or lie for them if any rules are broken. I will hold my fellow students and teammates fully responsible and accountable for their actions.
3. Seek information and assistance in dealing with my own or other students' problems relating to drugs.
4. Be honest and open with my parents or guardians about my feelings and problems.
5. Be honest and open with my coach and other school or community personnel.

Student: \_\_\_\_\_ Date: \_\_\_\_\_

**\*\* PARENTS OR GUARDIANS: We ask that you co-sign this pledge to show your support.**

Parent or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_