



Shepton Athletic Mission Statement

A **Stallion athlete** is first of all grateful. He/she knows that only a fraction of one percent of those playing athletics will have the privilege of competing at a higher level. They accept that they are role models. They represent not only themselves but also the institution, their family, and their teammates. They see the experience at Shepton as a mechanism for making their mark on society. They are confident yet humble, never allowing egos to emerge. They are proud of their strengths and keenly aware of their weaknesses, therefore, always striving to improve upon their skills.

A **Stallion athlete** is always more concerned with the good of the team. They realize that "no man is an island". Therefore, each appreciates the contributions of every team member, past and present. They understand that because **much has been given to them, much will be demanded**. They know that the challenges of every practice and game will better prepare them for life. While they are relentless on both ends of the field, they know that the other team is NOT the real opponent; it is the full extent of their own potential that they are always competing against.

A **Stallion athlete** understands that without discipline, true success cannot be achieved. They appreciate the coach's praise and accept criticism, understanding that both are necessary for everyone to reach fullest potential. They are courageous in the face of adversity, have unquestionable integrity, and infectious enthusiasm. They never allow excuses to stand in the way of responsibilities. They are always focused, never involving themselves with the decisions of the officials or the distractions of taunting fans.

A **Stallion athlete** is made and not born. Therefore, they understand that what they become is dependent upon their personal commitment to excellence. Always competing to win, understanding that winning will not be the true measure of success; it will be how much of themselves they have given to the game. **In the end, personal commitment to excellence combined with their given ability will make each an asset to the game and to the world around them.**