

**BOWMAN ORCHESTRA  
PRACTICE CARD**

Name \_\_\_\_\_ Per \_\_\_\_\_

**Mon. Week 1: GOALS**

1 \_\_\_\_\_  
\_\_\_\_\_

Tues.

2 \_\_\_\_\_  
\_\_\_\_\_

Wed.

3 \_\_\_\_\_  
\_\_\_\_\_

Thurs.

4 \_\_\_\_\_  
\_\_\_\_\_

Fri.

5 \_\_\_\_\_  
\_\_\_\_\_

S. & S.

6 \_\_\_\_\_  
\_\_\_\_\_

**Total Time For This Week**

*Parent Signature*



**BOWMAN ORCHESTRA  
PRACTICE CARD**

Name \_\_\_\_\_ Per \_\_\_\_\_

**Mon. Week 2: GOALS**

1 \_\_\_\_\_  
\_\_\_\_\_

Tues.

2 \_\_\_\_\_  
\_\_\_\_\_

Wed.

3 \_\_\_\_\_  
\_\_\_\_\_

Thurs.

4 \_\_\_\_\_  
\_\_\_\_\_

Fri.

5 \_\_\_\_\_  
\_\_\_\_\_

S. & S.

6 \_\_\_\_\_  
\_\_\_\_\_

**Total Time For This Week**

*Parent Signature*



**BOWMAN ORCHESTRA  
PRACTICE CARD**

Name \_\_\_\_\_ Per \_\_\_\_\_

**Mon. Week 3: GOALS**

1 \_\_\_\_\_  
\_\_\_\_\_

Tues.

2 \_\_\_\_\_  
\_\_\_\_\_

Wed.

3 \_\_\_\_\_  
\_\_\_\_\_

Thurs.

4 \_\_\_\_\_  
\_\_\_\_\_

Fri.

5 \_\_\_\_\_  
\_\_\_\_\_

S. & S.

6 \_\_\_\_\_  
\_\_\_\_\_

**Total Time For This Week**

*Parent Signature*



**BOWMAN ORCHESTRA  
PRACTICE CARD**

Name \_\_\_\_\_ Per \_\_\_\_\_

**Mon. Week 4: GOALS**

1 \_\_\_\_\_  
\_\_\_\_\_

Tues.

2 \_\_\_\_\_  
\_\_\_\_\_

Wed.

3 \_\_\_\_\_  
\_\_\_\_\_

Thurs.

4 \_\_\_\_\_  
\_\_\_\_\_

Fri.

5 \_\_\_\_\_  
\_\_\_\_\_

S. & S.

6 \_\_\_\_\_  
\_\_\_\_\_

**Total Time For This Week**

*Parent Signature*



**BOWMAN ORCHESTRA  
PRACTICE CARD**

Name \_\_\_\_\_ Per \_\_\_\_\_

**Mon. Week 5: GOALS**

1 \_\_\_\_\_  
\_\_\_\_\_

Tues.

2 \_\_\_\_\_  
\_\_\_\_\_

Wed.

3 \_\_\_\_\_  
\_\_\_\_\_

Thurs.

4 \_\_\_\_\_  
\_\_\_\_\_

Fri.

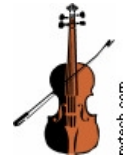
5 \_\_\_\_\_  
\_\_\_\_\_

S. & S.

6 \_\_\_\_\_  
\_\_\_\_\_

**Total Time For This Week**

*Parent Signature*



**BOWMAN ORCHESTRA  
PRACTICE CARD**

Name \_\_\_\_\_ Per \_\_\_\_\_

**Mon. Week 6: GOALS**

1 \_\_\_\_\_  
\_\_\_\_\_

Tues.

2 \_\_\_\_\_  
\_\_\_\_\_

Wed.

3 \_\_\_\_\_  
\_\_\_\_\_

Thurs.

4 \_\_\_\_\_  
\_\_\_\_\_

Fri.

5 \_\_\_\_\_  
\_\_\_\_\_

S. & S.

6 \_\_\_\_\_  
\_\_\_\_\_

**Total Time For This Week**

*Parent Signature*

