

For Immediate Release: Plano East Theatre presents – Eat (It's Not About Food)  
by Linda Daugherty

Date: October 8th, 9th, 10th

Time: 7:00 PM each evening with a 2:00 PM Matinee on Saturday and 7:00 show  
on Saturday as well

EVENT: Free Play. **EAT, It's Not About Food.** In a highly relevant, informational and at times lighthearted way, Eat uncovers the dangerous and baffling world of eating disorders affecting both boys and girls. Eat explores the causes and warning signals and takes a hard look at the role society, media and pressure for perfection play in the spread of this disease. Woven together in a series of individual stories of young people struggling with the disorder, this play for our times is a must see for anyone who wants more information on eating disorders.

Doctors and Professionals from Children's Medical Center Dallas from the Center for Pediatric Psychiatry and Eating Disorders will be on hand after each show for audience talk backs.

LOCATION:

Plano East Senior High School Fine Arts Building

3000 Los Rios Blvd.

Plano, TX 75074

Contact: Lisa Hale, Theater Director, 469-752-9247

