

PSHS - 2011/2012 Menu

| Cycle 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|---|
| Jan 16 | Chicken Nuggets | Philly Cheese Steak Sandwich | Cheese Enchiladas | Oven Fried Chicken | Fried Catfish Filet/Hushpuppies |
| Feb 13 | Au Gratin Potato | Sweet Potato Fries | Spanish Rice | Sweet Potatoes | Macaroni and Cheese |
| Mar 19 | Broccoli | Corn on the Cob | Refried Beans | Black Eyed Peas | California Blend |
| Apr 16 | Baby Glazed Carrots | Cinnamon Apples | Squash Medley | Country Spinach | Bread Pudding/Cream Sauce |
| May 14 | Fruit/Fresh Fruit Salad Bar | Fruit/Fresh Fruit Salad Bar | Fruit/Fresh Fruit Salad Bar | Fruit/Fresh Fruit Salad Bar | Fruit/Fresh Fruit Salad Bar (Coleslaw) |
| Cycle 2 | Beef Stew | Orange Chicken | Chicken Fried Steak | Beef/Chicken Fajita Bowls | Fried Shrimp/Corn Muffin |
| Jan 23 | Egg Noodles | Fried Rice | Mashed Potatoes/Gravy | Refried Beans | Red Beans/Rice |
| Feb 20 | Green Beans | Broccoli | Baby Carrots | Sweet Cut Corn | Fried Okra |
| Mar 26 | Squash Medley | Mini Egg Roll | Green Bean Casserole | Spanish Rice | Spinach |
| Apr 23 | Fruit/Fresh Fruit | Fruit/Fresh Fruit | Fruit/Fresh Fruit | Fruit/Fresh Fruit | Fruit/Fresh Fruit |
| May 21 | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar (Coleslaw) |
| Cycle 3 | Steak Fingers | Nacho Grande | Chicken Chow Mein | Homemade Lasagna | Baked Potato Bar |
| Jan 30 | Baked Beans | Rice Pilaf | White Rice | Creamed Spinach | Taco Meat/Chili/BBQ Beef |
| Feb 27 | Corn on the Cob | Mexican Corn | Mini Egg Roll | Cauliflower | Broccoli, Cheese, Butter |
| Apr 2 | Oven Roasted Veggies | Ranchero Beans | Sweet Green Peas | Peach Cobbler | Sour Cream, Salsa, Jalapenos |
| Apr 30 | Fruit/Fresh Fruit Salad Bar | Fruit/Fresh Fruit Salad Bar | Fruit/Fresh Fruit Salad Bar | Fruit/Fresh Fruit Salad Bar | Fruit/Fresh Fruit Salad Bar |
| Cycle 4 | Shepard's Pie | Grilled Chicken Quesadillas | BBQ Beef Sandwiches | Chicken Parmesan | Seafood Platter |
| Feb 6 | California Blend | Ranchero Beans | Au Gratin Potatoes | Linguini | Macaroni and Cheese |
| Mar 5 | Glazed Baby carrots | Spanish Rice | Green Beans | Marinara Sauce | Spinach |
| Apr 9 | Cinnamon Apples | Sautéed Onions/Peppers | Glazed Carrots | Green Beans Almandine | Cauliflower |
| May 7 | Fruit/Fresh Fruit Salad Bar | Fruit/Fresh Fruit Salad Bar | Fruit/Fresh Fruit Salad Bar | Fruit/Fresh Fruit Salad Bar | Fruit/Fresh Fruit Salad Bar (Coleslaw) |

