

Drug Busters

Week 2

Day 1: Inhalants include gasoline, airplane glue, paint thinner and other products that can be inhaled to produce euphoric effects.

Inhalants can cause permanent brain damage, psychological problems, damage to the airways, lungs, kidneys and liver, or death.

Students may be expelled for possessing, using, or being under the influence of drugs or alcohol or for conduct relating to abuse of glue or aerosol paint.

Users of inhalants can suffer from Sudden Sniffing Death Syndrome. This means the user can die the 1st, 10th or 100th time he or she uses an inhalant..

Day 2: Normal use of tobacco is harmful.

Tobacco is illegal for anyone under the age of 18.

Cigarette smoking is the most preventable cause of disease in the U.S.; one in four smokers will die from tobacco.

Young people tend to underestimate the addictiveness of nicotine. Of people who were daily smokers in high school but planned to stop, 75% were still smoking 5 or 6 years later.

Nicotine dependency is the most common form of drug addiction.

Day 3:

There was a significant increase of drug use found between the 5th and 6th grade students in the most recent survey. 26% of 6th graders said they used tobacco, alcohol, and inhalants during the past school year.

Over 70% of adults who smoke began smoking before the age of 18.

Cigarette smoke contains around 4000 chemicals. Smoking increases the risk of lung cancer, heart disease and stroke.

Teen smoking is often an early warning sign of future problems. Teens who smoke are 3 times as likely as nonsmokers to use alcohol, 8 times as likely to use marijuana, and 22 times as likely to use cocaine.

Day 4: Long term cigar smoking almost doubles your chance of dying from cancer or heart disease.

Holding an unlit cigar in the mouth enables nicotine absorption. Inhalation is not necessary to expose the oral cavity, larynx and esophagus to the dangers of tobacco.

Cigar smoke contains more carbon monoxide and ammonia than cigarette smoke and has as much nicotine as a pack of cigarettes. The smoke contains tar which damages the mouth, throat, and lungs.

Most scientists agree that secondhand smoke poses serious health threats. It is linked to a higher incidence of sudden infant death syndrome, cardiovascular disease and heart attack.

Smokeless tobacco can cause gum disease and cancer of the mouth, pharynx, esophagus, and pancreas. 1 in every 5 male students in 9th through 12th grades uses smokeless tobacco.

Day 5: Anabolic steroids are used by athletes to produce increases in muscle mass and weight.

Athletes are no more likely than anyone else to take marijuana, alcohol, cocaine, hallucinogens, or barbiturates but they are more likely to take drugs to enhance competitive performance.

Steroids (used by athletes) increase physical risks (liver disorders, cholesterol), psychological side effects (anger, mania, psychosis, depression), changes sex related characteristics (infertility), change skin and hair (acne, baldness, increased hair) and stunt growth.