



School Health  
1517 Ave. H  
Plano, TX 75074  
972-519-8747 office  
972-519-8526 FAX

Plano Independent School District

Dear Parent:

Each year, in accordance with state law, **8<sup>th</sup> grade students** in the Plano Independent School District are screened for possible spinal problems. The purpose is to recognize the problem at its earliest stages so that need for appropriate treatment can be determined.

Because early adolescence is not generally a time of many medical problems, the young person may go for a longer period of time without being examined by a doctor.

**8<sup>th</sup> grade students will be screened during their gym class, either 1<sup>st</sup> or 2<sup>nd</sup> semester. Boys and girls are screened separately. Students are screened as I am able to get time away from the clinic, they are not all screened on the same day.**

The procedure for this screening is to have the Registered Nurse, who is a certified screener, look at the student's shoulders and back as he/she stands in an upright position and as he/she bends forward. Students are checked individually and privately.

A letter will only be sent to the parents of those students whose screening and re-screening results indicate they may need further medical evaluation.

If, for religious reasons, you do not wish to have your child screened, please submit a letter of exemption to your school nurse prior to the semester when they have PE.

Thank you for your cooperation.

Pat Fenton, R.N., BSN  
Robinson Middle School Nurse