

Staph Infections

We make every effort to avoid any of our student-athletes contracting staph infections. We ask that all their clothes be washed after every workout or game. Also, it is imperative that all student-athletes maintain proper hygiene and shower regularly, especially after all practices and games.

If one of our student-athletes contracts staph we immediately act to isolate all areas he/she may have been in contact with. The locker room, weight room, and any other areas the student-athlete may have been, are sprayed with our staph spray that helps to kill the staph.

If your child has contracted staph we will immediately refer them to see a doctor. It is very important that they see a doctor and follow doctors recommendations. This could be anywhere from medication to special bandages to cover the affected area. All workout clothes used by the student-athlete will be isolated to be washed separately from the others to help prevent any cross-contamination to other student-athletes. Also, if they are allowed to continue participating in athletics, the affected area must be covered at all times.

- National Athletic Trainers Association official statement regarding [community-acquired MRSA infections](http://www.nata.org). <http://www.nata.org>
- UIL statement regarding [staph infections](http://www.uil.utexas.edu/athletics/health/index.html#add_info). http://www.uil.utexas.edu/athletics/health/index.html#add_info