



PLANO INDEPENDENT SCHOOL DISTRICT  
FOOD & NUTRITIONAL SERVICES  
6600 Alma Drive, Suite B  
Plano, TX 75023

Date: August 4, 2009  
To: Plano ISD Parents and Students  
Subject: Child Nutrition Meal Prices and Information

**Meal Prices:** Food and Nutritional Services is looking forward to serving the children of Plano ISD for the 2009-10 school year. Our meals provide high quality, nutritious, age appropriate foods that meet USDA requirements. Plano ISD will offer meals at the following prices for the 2009-10 school year:

<b>Elementary:</b>	Breakfast ( <b>Where Served</b> ):	\$1.10	Lunch:	\$2.15
<b>Secondary:</b>	Breakfast ( <b>Where Served</b> ):	\$1.35	Lunch:	\$2.55
<b>District Adult &amp; Guest:</b>	Breakfast ( <b>Where Served</b> ):	\$1.55	Lunch:	\$3.00

Food and Nutritional Services uses the Nutrient Standard Meal Pattern for breakfast and lunch at all schools. This option provides more flexibility for menu choices. **There are certain requirements that must be met in order for students to receive meals at the above prices:** Breakfast (**where served**) will include a choice of menu items and milk. Students must select at least two items for breakfast. Under the lunch plan, students must select an entrée. The minimum requirements for lunch are: One Entrée and Two Side Dishes or One Entrée, One Side Dish and Milk. The maximum items allowed for lunch are: One Entrée, Three Side Dishes and Milk.

The Offer versus Serve menu style implementation by Plano ISD specifies that it is the student's decision regarding which items he/she selects for breakfast and lunch. Federal regulations state students must select items and place them on their tray. A staff member may not put items on the student's tray or insist he/she select certain food items. Staff members may assist if a student cannot reach an item. Nutritious snacks are sold for a nominal fee to students in 1<sup>st</sup> – 12<sup>th</sup> grade. The nutritional analysis for elementary and secondary lunch menus is available on the Plano ISD website at <http://pisd.edu>. First click on Parents and select Nutrition & Menus from the menu on the left side of the screen, then from the right side of the screen, select school menus.

**PayPAMS:** The district has an on-line payment option. PayPAMS allows parents to make credit card payments to their child's lunch account via the Internet. Parents can find the PayPAMS link on the PISD website at: <http://pisd.edu>.

Thank you,

Food and Nutritional Services  
Child Nutrition Program

**FOOD SERVICE POSITIONS AVAILABLE - APPLY ON LINE AT [www.pisd.edu](http://www.pisd.edu)  
Select Employment, then Application, then select Food and Nutritional Services**



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